

A Friday rally turned an otherwise mixed week for stocks into a solid performance.

The Dow Jones Industrial Average picked up 2.42%, while the Standard & Poor's 500 gained 0.77%. The Nasdaq Composite index rose 0.38% for the week. The MSCI EAFE index, which tracks developed overseas stock markets, ended marginally higher by 0.13%. 1,2,3



S&P 500		4,594.63	+0.77%	+19.67%	
4800					
4700					
4600	4550.43	4554.89	4550.58	4567.80	4594.63
4500	4000.40	9	4550.55		
4400					
4300					
	Mon	Tue	Wed	Thurs	Fri

+0.38%

+0.13%

+36.67%

+9.31%

14,305.03

2,124.91

Mon	Tue	Wed	Thurs	Fri
	• 5	&P 500 (daily close))	
Tr	easury C	lose	Week	Y-T-D
10)-Year Note 4.	22%	-0.25%	+0.34%

Composite Index is measured from the close of trading on Friday, November 24, to Friday, December 1 close. Weekly performance for the MSCI-EAFE is measured from Friday, November 24 open to Thursday, November 30 close. Weekly and year-to-date 10-year Treasury note yield are expressed in basis points.

cuts sometime next year. Investors also welcomed news of solid spending

in early holiday sales reports. The declines in bond yields reflect that the financial markets are positioning for a rate cut soon, even brushing off Fed Chair Powell's

Friday comments suggesting it was premature to consider monetary

The stock market digested November's robust gains for much of last week

but rallied strongly amid falling bond yields on the last trading day.

loosening. **Inflation Eases** The Personal Consumption Expenditures Price index (PCE)—the Fed's preferred measure of inflation–was released last week, showing core PCE (excludes energy and food) rose 0.2% in October and 3.5% from a year

respectively. Perhaps most notably, core prices rose at a 2.5% annualized

improvement over the previous six-month annualized rate of 4.5% ending

The report also reflected a slowdown in consumer spending, as October's 0.2% increase was lower than September's 0.7% gain, a possible indication of the impact of the resumption of student loan repayments, higher prices, and shrinking savings.⁵ This Week: Key Economic Data

rate over the last six months, close to the Fed's target rate and a big

Friday: Employment Situation. Consumer Sentiment.

Source: Econoday, December 1, 2023

(including key economic indicators), Federal Reserve policy meetings, and speaking engagements of Federal Reserve officials. The content is developed from sources believed to be providing accurate information. The forecasts or forward-looking

statements are based on assumptions and may not materialize. The forecasts also are subject to revision.

Tuesday: AutoZone, Inc. (AZO), MongoDB, Inc. (MDB) **Thursday:** Broadcom, Inc. (AVGO), Dollar General Corporation (DG) Source: Zacks, December 1, 2023 Companies mentioned are for informational purposes only. It should not be considered a solicitation for the purchase or sale of the securities. Investing involves risks, and investment decisions should be based on your own goals, time horizon, and

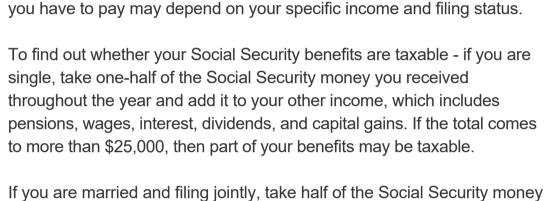
tolerance for risk. The return and principal value of investments will fluctuate as

market conditions change. When sold, investments may be worth more or less than

mission." Zig Ziglar

"Outstanding people have one thing in common: an absolute sense of

Are Social Security Benefits Taxable? Did you know that if you are receiving Social Security benefits, you may



household income. If the total is more than \$32,000, part of your benefits

you received throughout the year and half of your spouse's Social Security benefits and add both of those amounts to your combined

taxable, based on the above calculation. These percentages vary between 50 percent and 85 percent and depend on your filing status and income levels. For example, if you are filing single with \$25,000–\$34,000 income,

*This information is not intended to substitute for specific individualized tax advice. We suggest you discuss your specific tax issues with a qualified tax professional.

Benefits of Yoga

In addition to helping you finally be able to touch your toes, yoga has many other potential benefits, from helping you relax to even potentially helping your heart health. Here are some other potential benefits of yoga:

 Of course, yoga can decrease stress and promote relaxation. It's a great practice to get more in-tune with your body and where you hold stress. Yoga may also be able to relieve anxiety. In one study, 34 women diagnosed with an anxiety disorder participated in yoga classes twice weekly for two months. At the end of the study, those who practiced yoga had significantly lower levels of anxiety than the

WEEKLY RIDI

Sheikh Zayed Grand Mosque in Abu Dhabi, United Arab Emirates

It has no body, but it has a copper head and copper tail. It can be found in the street and in just about any store. What is it? Last week's riddle: What do the letter T and an island have in common? Answer: They are both in the middle of water.



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The forecasts or forward-looking statements are based on assumptions, may not

representative of their respective markets. Index performance is not indicative of the

of major international equity markets, as represented by 21 major MSCI indexes from

unmanaged group of securities that are considered to be representative of the stock

Europe, Australia, and Southeast Asia. The S&P 500 Composite Index is an

U.S. Treasury Notes are guaranteed by the federal government as to the timely payment of principal and interest. However, if you sell a Treasury Note prior to maturity, it may be worth more or less than the original price paid. Fixed income

The market indexes discussed are unmanaged, and generally, considered

quality, inflation risk, market valuations, prepayments, corporate events, tax ramifications and other factors. International investments carry additional risks, which include differences in financial reporting standards, currency exchange rates, political risks unique to a specific

investments are subject to various risks including changes in interest rates, credit

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Stocks Move Higher

NASDAQ

MSCI-EAFE

Market sentiment remained positive as the Fed's preferred measure of inflation showed ongoing signs of softening inflation pressures, boosting hopes that the Fed may be able to end its rate hikes and consider rate

ago. Both were lower than September's readings of 0.3% and 3.7%,

April.4

Monday: Factory Orders. Tuesday: Institute for Supply Management (ISM) Services Index. Job Openings and Labor Turnover Survey (JOLTS). **Wednesday:** Automated Data Processing (ADP) Employment Report. Thursday: Jobless Claims.

The Econoday economic calendar lists upcoming U.S. economic data releases

This Week: Companies Reporting Earnings

their original cost. Companies may reschedule when they report earnings without notice. FOOD FOR THOUGHT

have to pay federal income tax on a portion of these benefits? The amount

TAX TIP

On its website, the IRS then lays out the percentage of benefits that are 50 percent of your Social Security benefits may be taxable. Tip adapted from IRS.gov⁶

may be taxable.

HEALTHY LIVING TIP

control group. Studies show that yoga may help improve heart health and reduce several risk factors for heart disease. One study found that participants over 40 years of age who practiced yoga for five years had lower blood pressure and pulse rate than those who didn't. Lastly, yoga may help fight depression. This may be because yoga can decrease levels of cortisol, a stress hormone that influences levels of serotonin, the neurotransmitter often associated with depression. Tip adapted from Healthline

PHOTO OF THE WEEK

Footnotes and Sources

be worth more or less than their original cost.

materialize, and are subject to revision without notice.

past performance of a particular investment. Indexes do not incur management fees, costs, and expenses. Individuals cannot directly invest in unmanaged indexes. Past performance does not guarantee future results. The Dow Jones Industrial Average is an unmanaged index that is generally considered representative of large-capitalization companies on the U.S. stock market. Nasdaq Composite is an index of the common stocks and similar securities listed on the NASDAQ stock market and is considered a broad indicator of the performance of technology and growth companies. The MSCI EAFE Index was created by Morgan Stanley Capital International (MSCI) and serves as a benchmark of the performance

market in general.

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